Did you know?
Children between the ages of 5 and 12 years need at least 60 minutes (and up to several hours) of moderate to vigorous physical activity every day. Adults need to put together at least 30 minutes of moderate-intensity physical activity on most, preferably all, days.

Walking or cycling to school is an easy way for you and your child to achieve the recommended amount of physical activity needed in a day. It’s fun, friendly and easy.

How to ride and walk safely
• Use a safe place to cross such as TRAFFIC LIGHTS and PEDESTRIAN REFUGES, and where possible use off-road PATHS.
• Children up to 8 years old, should HOLD THE HAND OF AN ADULT while walking, and should BE SUPERVISED in traffic.
• Children up to the age of 10 should be ACTIVELY SUPERVISED IN THE TRAFFIC ENVIRONMENT.
• Wear your HELMET if cycling or scootering.
• When crossing: STOP three steps back from the kerb. LOOK in all directions for traffic. LISTEN in all directions for traffic. THINK about whether it is safe to cross the road. As you cross the road keep LOOKING and LISTENING.
• You may wish to use the ‘Walk this Way’ app to help assess safer places to cross roads in your journeys.

Accessing our school by bus
Martins school bus routes connect Hume Public School:
Morning Journey:
Bus 4: Table Top, Tharwa, North Albury, Albury
Bus 1: Springdale Heights, Lavington, Lavington East, Albury, Glenroy, West Albury
Afternoon Journey:
Bus 26: Lavington, Lavington East, Springdale Heights, Glenroy, West Albury
Bus 27: Tharwa,
Bus 29: North Albury, Albury, Glenroy
For other bus routes 906, 907 and 908 servicing Lavington please contact martinsalbury.com.au or 60404400

Hume Public School
Parkland Cres, Lavington NSW 2641
T 02 6025 1850 F 02 6025 4052
E hume-p.school@det.nsw.edu.au
www.hume-p.schools.nsw.edu.au

For any emergencies call 6025 1850 or dial 000

Albury Library Museum
Swift St, Albury T 02 6023 8333
Opening hours:
Monday, Wednesday and Thursday 10am - 7pm
Tuesday and Friday 10am - 5pm
Saturday 10am - 4pm
Sunday 12pm - 4pm

Lavington Library
Griffith Rd, Lavington T 02 6043 5645
Opening hours:
Monday - Friday 10am - 6pm
Saturday 10am - 1pm

Lavington Swim Centre
Moore St, Lavington T 02 6025 1034
Season is approx October to March (call centre for exact dates)
Opening hours:
Monday to Friday from 6am
Saturdays from 7am
Sundays and public holidays from 9am
Closing time varies monthly. Please check on entry.

Active after school sport
Promote healthy lifestyles and a lifelong participation in sport. Two different sporting focuses each term. Contact the school for details.
SEGMENT 1

Approx. walking time* 22 min
Approx. cycling time* 17 min
Suggested travel route

SEGMENT 2

Approx. walking time* 18 min
Approx. cycling time* 13 min
Suggested travel route

SEGMENT 3

Approx. walking time* 15 min
Approx. cycling time* 11 min
Suggested travel route

SEGMENT 4

Approx. walking time* 12 min
Approx. cycling time* 9 min
Suggested travel route

LEGEND

School access points
Drop off points
Pedestrian refuges
Suggested travel route
Traffic lights
Pedestrian crossing
Bus stop
Public toilet
Public telephone
Parks
Shopping centre or corner store

*Walking and cycling route times were calculated using 4km/h and 15km/h respectively, actual times may vary.